

Got 'Awa? Need Wai (Part 1)

Video Description

Kanoa tells the story of how Kāne and Kanaloa's love for 'awa brought life-giving waters to Kalihi Valley.



Guiding Questions

- What is the relationship between water and 'awa?
- What were the gods Kāne and Kanaloa known for?
- Kapukawai o Kalihi is the name of the headwaters in Kalihi. Why is it significant in this story?
- How does 'awa grow in the forest?

Thinking Beyond

- Why is the story of Kāne and Kanaloa important to Kalihi?
- Do you have a similar story in your culture? Share a story about the place where you live.

Propagating 'Awa (Part 2)

Video Description

Kanoa shares how to propagate 'awa.

Guiding Questions

- What is the main propagating material for 'awa?
- Name three (3) parts of the 'awa plant.
- How do we know which 'awa stalk is ready for propagation?
- Kanoa says there is a preferred method of propagation at Ho'oulu 'Āina. What is that?
- Why do we choose to propagate that way?
- What is the care and maintenance of the 'awa?



Thinking Beyond

- Do you have any stories of plants in your culture used for ceremony or medicine?

Brewing 'Awa (Part 3)

Video Description

Kanoa shows us the tools and proper technique necessary to brew a beautiful batch of 'awa.



Guiding Questions

- How is 'awa used in Hawai'i?
- Why is it important to perpetuate 'awa culture?
- What is the connection between consuming 'awa and the forest?
- What are the tools needed to brew 'awa?
- What is the name of the active ingredient in 'awa?
- Kanoa said there is a certain kind of feeling you have after drinking 'awa. Can you describe it?

Thinking Beyond

- Kanoa said that the first apu of 'awa is given to whom? Why?
- Do you know of other cultures who have stories around ceremonial or medicinal drink?